

Marriage and Family: Enjoying The Journey
**301: Healthy Friends & Family / Part-2 Parenting, Step-Parenting, Grand-
Parenting & Mentoring Essentials**

LESSON 13: What Every Child Needs To Hear...About Purity

Purity Code: In honor of God, in honor of family and in honor of my future spouse, I will stay sexually pure.

Start with the Foundations: Psalms 11:3 (NIV) ³When the foundations are being destroyed, what can the righteous do?"

Mark 12:28-31 (NKJV)

²⁸Then one of the scribes came, and having heard them reasoning together, perceiving that He had answered them well, asked Him, "Which is the first commandment of all?" ²⁹Jesus answered him, "The first of all the commandments is: *'Hear, O Israel, the Lord our God, the Lord is one. ³⁰And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'* This is the first commandment. ³¹And the second, like it, is this: *'You shall love your neighbor as yourself.'* There is no other commandment greater than these."

1. Honor God with your "Heart and Soul".....Proverbs 4:23 (NIV)

²³Above all else, guard your heart, for it is the wellspring of life.

Explain the "Purity Code"

Explain your role as "Parent" Ephesians 6:4 (NIV)

⁴Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

Explain the difference in boys and girls (physical/visual vs. emotional/relational)

2. Honor God with your "Mind"

Explain the most important sex organ is the mind

Focus on a "positive focus"

Romans 12:1-2 (NIV)

¹Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship.

²Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.

Warn against pornography

2 Timothy 2:22 (NKJV)

²²Flee also youthful lusts; but pursue righteousness, faith, love, peace with those who call on the Lord out of a pure heart.

Job 31:1 (NKJV)

¹"I have made a covenant with my eyes; Why then should I look upon a young woman?"

3. Honor God with your "Strength"

3.1 Explain: God made our bodies. So who gets to make the rules?

Genesis 1:27 (NKJV)

²⁷So God created man in His *own* image; in the image of God He created him; male and female He created them.

1 Corinthians 6:19-20 (NIV)

¹⁹Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own;

²⁰you were bought at a price. Therefore honor God with your body.

3.2 Explain the “One Flesh” principle.

Matthew 19:6 (NIV)

⁶ So they are no longer two, but one. Therefore what God has joined together, let man not separate."

Hebrews 13:4 (NIV)

⁴ Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.

3.3 Explain puberty and changes in advance

3.4 Explain sexual systems and pregnancy

3.5 Warn against pre-marital sex

1 Thessalonians 4:3-5 (NKJV)

³ For this is the will of God, your sanctification: that you should abstain from sexual immorality;

⁴ that each of you should know how to possess his own vessel in sanctification and honor,

⁵ not in passion of lust, like the Gentiles who do not know God;

1 Corinthians 6:18 (NKJV)

¹⁸ Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

3.6 Warn against masturbation ... Ephesians 5:3 (NIV)

³ But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people.

3.7 Warn against STD's

3.8 Warn against cohabitation

4. Honor/Love your neighbor as yourself

4.1 Teach modesty without flirting

Mark 12:31 (NIV)

³¹ The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."

Mark 10:19 (NKJV)

¹⁹ You know the commandments: '*Do not commit adultery, 'Do not murder, 'Do not steal, 'Do not bear false witness, 'Do not defraud, 'Honor your father and your mother.*' "

1 Thessalonians 4:6 (NKJV)

⁶ that no one should take advantage of and defraud his brother in this matter, because the Lord *is* the avenger of all such, as we also forewarned you and testified.

4.2 Teach “Radical Respect”

1 Corinthians 3:16 (NIV)

¹⁶ Don't you know that you yourselves are God's temple and that God's Spirit lives in you?

Discussion Questions:

1. What is your first reaction to hearing this training on purity and teaching this to our children?
2. As you were growing up, how did you get exposed to this sort of information? Did your parents address these issues?
3. Review the 4 steps of purity training in this lesson. How and when would you give each of these to your children?
4. What are your greatest concerns in presenting this information and training to your children?
5. What immediate and long range steps do you want to take in helping your children after going through this material?
6. Spend the last 5 minutes in pairs, praying for your children and grandchildren regarding the Purity Code material.