

Marriage and Family: Enjoying The Journey
301: Healthy Friends & Family / Part-1 Building Great Relationships

LESSON 8: Building Strong Marriages

Repentance

Confession

Forgiveness

Reconciliation

Restoration

Relational Dilemmas

- God has created each person with a _____
- God engineers circumstances that _____ and _____ their worldview
- God designs individual differences to _____ relationships
- Very often differences generate _____
 - Our views are _____ by our sin nature
 - We malign God's creative purpose for others by _____ with their differences

Healthy Relationship Qualities

- Seek _____, not compatible relations
- Seek _____, not compromise in decisions
- _____ is always better than getting
- _____ is always preferable to being served
- _____ no matter what. Makes no difference who is right or wrong.
- Take _____ to get acquainted

Nurturing Healthy Relationships

- _____ is much better than repair
- _____ is better than curing
- Loving in _____ is essential
- Understanding _____ of self and others (casual, critical, crucial)
- _____ and _____ others as God does—the Golden Rule (Mt 7:12)

Irreducible Minima

- View others from _____
- Love in _____ (nothing hidden)
- Chose to always make _____ choice
- Be a _____ (don't count rights & wrongs)
 - Don't _____ over differences
 - _____ forgiveness and healing
 - Return _____
- Demonstrate _____ to God for spouse

RELATIONAL ATTITUDES AND BEHAVIORS

MY WAY FLESH'S WAY SATAN'S WAY WORLD'S WAY	GOD'S WAY SPIRIT'S WAY CHRIST'S WAY TRINITY'S WAY
Put self and idols before God and others	God first, others next, then self (Ps 37:4, Lk 10:27)
Take care of self	Take care of spouse and others (1 Tim 5:8, 1 Cor 12:24b-26)
Defend and protect self	Entrust God to protect you and your loved ones (1 Pet 1:3-5)
Claim my rights	Relinquish rights to God and others (Gal 5:24, Mt 16:24-25)
Get my way in situations	Seek God's way in everything (Prov 3:5-8, Is 55:9)
Protect my schedule	Be flexible with personal time and priorities (Hos 6:6, Prov 20:6)
Demand love from others	Love God and others in truth (1 Pet 1:22, 1 Jn 3:18) Love wife well (Eph 5:28, 33, Col 3:19) Love husband well (Titus 2:3-5)
Demand submission from another	Be supportive of one another. (Rom 12:16, 15:7, Gal 5:13, Eph 4:32, 5:21)
Fulfill my own expectations	Seek God's desires in your life and relationships (Ps 37:4)
Be vindicated and judged right in all situations	Promote harmony and unity in everything by leaning on the Lord's understanding (Prov 3:5-8, 1 Pet 3:8- 12))
Get revenge for wrongs of others	Allow God to deal with the wrongs of others (Heb 10:30)
Be in control of each situation	Welcome and seek God's control of every situation (Mk 10:21, Gal 5:24, Heb 11:8)
Demand blessings from God and others	Be a blessing (1 Peter 3:8, 9)
Be cynical and selfish	Be grateful (Have an attitude of gratitude) (1 Chron 16:34, Ps 7:17, Phil 4:6-7, Rom 14:6)
Always seek more for yourself	Be content (1 Tim 6:6, Phil 4:11-13)
Attempt to fix everything yourself	Be abandoned to God for everything (2 Cor 5:14, Acts 20:24, Mt 6:25, Mk 1:17-18)
Get all you can and can all you get	Be generous as God is generous (Phil 4:19)
Doubt God's ability to do a thing in your life	Trust God in every situation and relationship (Dt 4:29, 1 Chron 28:9, Job 5:7-9, Ps 63:1, Dan 9:3, Heb 11:6)
Expect compatibility in marriage relationship	Promote complementary relationships in marriage (Eph 5:33)
Make decisions by compromise	Make consensus decisions (Mt 18:19, 1 Cor 1:9-10)
Hold grudges for offenses by others	Be a reconciler without regard for who is right or wrong (2 Cor 5:18-21, Mt 5:23-24, Mt 18:15-18)