

Roles & Responsibilities

“Is it time to upgrade?”

Instructions:

1. Use the following list of “categories” for daily roles and responsibilities that are carried out in your marriage. Write as many of these as possible in the “Present Roles & Responsibilities” chart, assigning each to which spouse is mostly carrying out that function at the present time.
2. On the second chart, list **desired changes only** on your preferred “Desired Roles & Responsibilities”.
3. Compare notes and make final decisions in **collaboration** with your spouse.

Categories:

- | | | |
|-------------------|------------------------|-------------------|
| Auto Repair | Conversation | Leisure planning |
| Groceries | Entertaining | Initiating dates |
| Meal preparation | Conflict resolution | Childcare |
| Fun | Goal setting | Dishes |
| Scheduling | Bill Paying | Romance |
| Decorating | Balancing checkbook | In-Laws |
| Planning | Retirement/Investments | Church activities |
| Parenting | Carpooling children | School activities |
| Sexual initiation | Praying together | Home Maintenance |
| Homework help | Family activities | Other 1 _____ |
| Housework | Handling emergencies | Other 2 _____ |
| Yardwork | Vacation planning | Other 3 _____ |

Present Roles & Responsibilities:

Husband Only	Husband with Wife support	Both Equally	Wife with Husband support	Wife Only

Desired Roles & Responsibilities: Changes Only

Husband Only	Husband with Wife support	Both Equally	Wife with Husband support	Wife Only